

South Dakota USA Wrestling
Elementary and Girls Heartland Dual Team Trials
Beginner's State Tournament

Date: **Sunday, Feb. 16, 2020**

Location: Pierre T.F. Riggs High School

Pre-Registration Required: Pre-Registration Deadline is Wednesday Feb. 12, 2020

Weigh-Ins/Medical: Onsite and Satellite Weigh-ins will be held Saturday, Feb. 15, 2020 from 6:00 PM CT until 7:00 PM CT All wrestlers will be subject to medical and skin check on Site Sunday prior to event start. All weigh-in and medical officials will be background checked and safesport certified.

Wrestlers will be allowed to move up if they do not make weight.

Wrestling Starts: All divisions will start at 11:00 AM Sharp.

Age Divisions: There will be two Elementary Divisions (Beginner and Advanced) for both boys and girls, and there will be a Middle School and High School GIRLS' ONLY division.
Boys Advanced(Heartland Qualifier Division) Elementary: 1st through 6th grade **cannot be 14 years old or older.**

Weight Classes: Boys Beginner (2nd Grade & Younger only): Grouped by weight
Boys Advanced (Heartland Qualifier Division) 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140 and 160

Women's Heartland Division - Grade 1st through 8th grade. A wrestler can not be 16 and wrestle in this event. Weight classes are as follow: 58, 65, 73, 82, 89, 97, 102, 109, 117, 126, 138, 150 & 165

High School (Grades 9-12, and 8th graders 16 +) Women's Open: Grouped by weight to form groups of 4 as much as possible.

Entry Fee: All Non-Heartland Qualifying Divisions will be \$5 paid online. All Heartland Qualifying Divisions will be \$15 paid online.

USA Sanctioned Event: To process USAW Membership, go to: <https://www.usawmembership.com>

Admission: Adults \$5; Students not competing \$3; Veterans and Sr. Citizens Free
USAW Member Coaches: FREE ADMISSION—must have your card.

Elementary Division Guidelines:

- **Beginner:** Grade 2 or younger; 1st or 2nd year of competitive wrestling, and has NEVER qualified for AAU State. Beginner division will then be divided into Pre-K, K, and Grades 1-2
 - Wrestlers in the beginner division MAY still participate on one of the Heartland Dual teams as an alternate. The \$75 team deposit must be paid at the qualifying event.
- **Advanced (Heartland Qualifying Division):** Open to anyone attempting to qualify for the SDUSAW Heartland Dual Teams.

Middle School Division Guidelines: (Grades 6th-8th: CANNOT be 16 years old) **We will NOT be having a boys middle school division at this tournament.** Many of the 7th and 8th grade boys are still competing with their respective high school teams. We will be taking open applications for the Heartland Duals middle school team(s). Team selection criteria could be based off current season head to head competition, or a wrestle off at camp. Weight classes: 75-80-85-90-95-102-110-117-125-132-140-150-160-175-195-220-275

Copies of Report Cards and Birth Certificates to verify grade and/or age are required at check-in, and we reserve the right to check each wrestlers years of experience!!!

Official/Volunteers: Officials and volunteers are needed to help each event run smoothly. Mat officials MUST BE USAW Leader members. Volunteers who are adult age must obtain at least a USAW Volunteer membership (free other than the cost of background check)

There will be a coaches, mat officials, and table workers meeting and clinic at 8:30 AM

Coaching: Coaches will need to go online to www.usawmembership.com and complete the background check, SafeSport Certification, and apply for a USAW Coaching Membership. Coaches passes will be given to NCEP certified coaches (copper minimum) free of charge. Persons without a coaching pass will be required to stay out of the corners and in the bleachers.

Concessions: Concessions will be available, so please be courteous and respectful with coolers brought in. No glass containers, and clean up after yourself please.

Tourney Contacts: Ray Ringstmeyer: Ray.Ringstmeyer@k12.sd.us

Attention: If you show intent of being part of the Heartland Duals team, take into consideration the weight your wrestler registers for. He/she may not be the same weight in two months. If you pay a deposit to be on the team, and your wrestler backs out it is your responsibility to find an alternate if you want to be considered for a refund.

Basic Heartland Duals Information can be found at:
[https://www.nebraskausawrestling.org/page/show/948232-heartland-usa-national-elementary-duals-](https://www.nebraskausawrestling.org/page/show/948232-heartland-usa-national-elementary-duals)